



NEURO-UROLOGY THROUGH A **GENDER LENS**

SAVE THE DATE

FIRENZE 23 NOVEMBRE 2024 **NIC PADIGLIONE 3 NUOVO INGRESSO CAREGGI**

LOCAL ORGANIZER: STEFANIA MUSCO, GIULIO DEL POPOLO

GENERAL INFORMATION FACULTY

ENRICO AMMIRATI Urologist, Torino - Italy MATTEO BALZARRO Urologist, Verona - Italy VERONICA BIRKHÄUSER Urologist, Zurigo - Switzerland **ROBERTO CARONE** Urologist, Torino - Italy KONSTANTINIDIS CHARALAMPOS Urologist, Atene - Greece STEFANIA CHIERCHIA Urologist, Torino - Italy LUISELLA CIANFEROTTI Endocrinologist, Firenze - Italy GIULIO DEL POPOLO Neuro-Urologist, Firenze - Italy ENRICO FINAZZI AGRO' Urologist, Roma - Italy EUGENIA FRAGALA' Urologist, Forlì - Italy MARIA LUCIA GALLO Urologist, Firenze - Italy ALESSANDRO GIAMMO' Urologist, Torino - Italy THOMAS M. KESSLER Urologist, Zurigo - Switzerland **ESTER ILLIANO** Urologist, Terni - Italy

GIANFRANCO LAMBERTI Physiatrist, Piacenza - Italy VINCENZO LI MARZI Urologist, Firenze - Italy ALBERTO MANASSERO Urologist, Torino - Italy DANIELA MATARRESE Director AOU Careggi, Firenze - Italy STEFANIA MUSCO Urologist, Firenze - Italy LAURA PELLIZZARI Physiatrist, Piacenza - Italy SIMONE PLETTO Urologist, Roma - Italy **ELEONORA RUSSO** Gynecologist, Pisa, Italy GIANLUCA SAMPOGNA Urologist, Milano - Italy GIORGIA SCIARRONE Physiatrist, Firenze - Italy SERGIO SERNI Urologist, Firenze - Italy MICHELE SPINELLI Urologist, Milano - Italy STEFANO TERZONI Nurse, Milano - Italy LINDA VIGNOZZI Endocrinologist, Firenze - Italy

NIC PADIGLIONE 3 - NUOVO INGRESSO CAREGGI Largo Giovanni Brambilla, 3 - Firenze

From train Station S. Maria Novella: tram T1 From train Station Rifredi: Bus n. 33, 40, 43, 56

55 4390 - 055 4242 - 055 4798

REGISTRATION FEES:

Euro 130,00 (VAT included) for: physician Euro 80,00 (VAT included) for: nurse, physiotherapist, ostetrician and student

- The registration fee is to be payed by:
 CREDIT CARD VISA OR MASTERCARD (PAY BY LINK)
- BANK TRANSFER

Please fill out the registration form and send it with the payment receipt to the organizing secretariat.

CONTINUING MEDICAL EDUCATION

The congress will be applied for CME accreditation for the following categories:

- Physician (Urology, Gynaecology, Physical Medicine and Rehabilitation, Geriatrics)
- Physiotherapist

PROVIDER AND ORGANIZING SECRETARIAT

New progress Conference & management Via Cartoleria 32 - 40124 Bologna Italy Ph. +39 051 6486365 info@newprogress.com

To promote Neuro-Urology around the world, the International Neuro-Urology Society has organized a course on unique focus to look at gender within neuro-urology.

We are proud that Florence has been chosen for this comprehensive course on Neuro-Urology.

The target group is multiprofessionals comprising urologists, neurologists, rehab and urogynecologists and other healthcare professional figures such as nurses and physiotherapists with interest in Neuro-Urology. The course will deal with neurophysiology of the lower urinary tract, the differences in diagnostic workup and the current treatment strategies among the gender.

Particularly attention will be paid on exploring gender dimensions within the neurological diseases such as spinal cord lesions, multiple sclerosis, Parkinson's disease, and stroke. Special topics will be addressed also according to the audience's demand. Participants will actively take part of the discussion in interactive sessions.

We welcome you to join us to have the great opportunity for an experience exchange and a pleasant time in Florence!

PRELIMINARY PROGRAM

09.30 - 09.50 REGISTRATION

09.50 - 10.00 WELCOME OF CAREGGI UNIVERSITY HOSPITAL - D. Matarrese

10:00 - 10:10 WELCOME & INTRODUCTION OF THE INTERNATIONAL NEURO-UROLOGY SOCIETY (INUS)

10:10 - INTRODUCTION - S. Musco, G. Del Popolo

Chair: G. Del Popolo, M. Spinelli

10:15 NEURO-UROLOGY: QUO VADIS? - T.M. Kessler

10:30 GENDER CONSIDERATIONS IN TREATING NEUROGENIC OVERACTIVE BLADDER

- Pelvic floor muscle training techniques L. Pelizzari
- Pharmacological treatments K. Charalampos
- Nerve electrical stimulations S. Musco

DISCUSSION

11:10 (VIDEO) URODYNAMICS IN:

- Neuro-urological women S. Chierchia
- Neuro-urological men S. Pletto

DISCUSSION

11:50 COFFEE BREAK

Chair: S. Musco, T.M. Kessler

12:10 DETRUSOR SPHINCTER DYSSYNERGIA: SAME DYSFUNCTION DIFFERENT GOALS?

- Pharmacological & non-invasive strategies G. Sciarrone
- Urethrotomy and bladder neck incision A. Manassero
- Botulinum toxin injections and other strategies M. Spinelli

DISCUSSION

12:50 IS CATHETER "GENDER FLUID"?

- Urethral safety E. Fragalà
- Urinary infections V. Li Marzi
- Improving adherence & quality of life S. Terzoni

DISCUSSION

13:20 LUNCH TIME

Chair: G. Lamberti, R. Carone

14:20 MENOPAUSE AND PERIMENOPAUSE IN NEURO-UROLOGICAL WOMEN

- Interplay between MS and menopause E. Russo
- From menstruation to menopause in SCI L. Vignozzi
- Dealing with osteoporosis and neurogenic lower urinary tract dysfunction L. Cianferotti

DISCUSSION

15:00 PROSTATE ENLARGEMENT & TREATMENT

- Value of PSA screening in neurourological men M.L. Gallo
- Suprapontine lesions E. Finazzi Agrò
- Spinal lesions E. Ammirati

DISCUSSION

Chair: E. Russo, S. Serni

15:40 NEUROGENIC SEXUAL DYSFUNCTION

- Genital pain and vaginal dryness V. Birkhäuser
- From erectile dysfunction to hypersexuality G. Sampogna

DISCUSSION

16:20 SURGERY IN FEMALE & MALE NEUROGENIC STRESS URINARY INCONTINENCE

- Bulking agents E. Illiano
- Sling M. Balzarro
- · Artificial urinary sphincter A. Giammò

DISCUSSION

17:00 CONCLUSIONS AND REMARKS - S. Musco, T.M. Kessler