

7th International Neuro-Urology Meeting

The Annual Congress of the International Neuro-Urology Society

Zürich, Switzerland | 24 – 26 January 2019



in association with



SUFU

SOCIETY OF
URODYNAMICS,
FEMALE PELVIC MEDICINE &
UROGENITAL RECONSTRUCTION



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The Swiss Continenence Foundation (SCF) is a non-profit organization founded in April 2011 with the goal of supporting and advancing research and further education in the field of Neuro-Urology and functional urology. A central issue of the foundation is the considerable improvement in the quality of patient care and in the patients' quality of life. In addition, the foundation's support in high-quality advanced training and education in the field of Neuro-Urology and functional urology is supposed to contribute to the distribution of the knowledge gained from research and science to physicians, nursing specialists and to the interested public.

In order to achieve these goals we depend on your financial support and would be very pleased to receive a donation.



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Welcome

Dear friends and colleagues, ladies and gentlemen

It is our great honour and pleasure to invite you to attend the **7th International Neuro-Urology Meeting**, to be held in Zürich, Switzerland, from **24-26 January 2019**.

Neuro-Urology is a highly-regarded and relevant sub-speciality bridging the fields of both neurology and urology to treat and prevent the debilitating manifestations of lower urinary tract dysfunction which have major impact on our patients' health and their quality of life.

The world's leading experts in Neuro-Urology will provide an overview on the latest advances in research and clinical practice of this rapidly developing and exciting discipline. This unique meeting combines state-of-the-art lectures, lively panel discussions, and hands-on workshops with emphasis placed on interactive components. There will be many opportunities to exchange thoughts, experiences and ideas and also make new friendships.

We are proud that the International Neuro-Urology Meeting has become the official annual congress of the **International Neuro-Urology Society (INUS)**, a charitable, non-profit organisation aiming to promote all areas of Neuro-Urology at a global level.

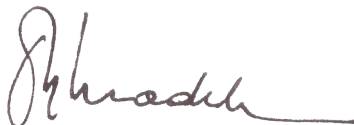
To promote the next generation of outstanding young researchers and clinicians who represent the future of Neuro-Urology, we are excited to again announce the prestigious **Swiss Continence Foundation (SCF) Award of 10'000 Swiss francs** which will be awarded to the best contribution from a young Neuro-Urology talent at the 7th International Neuro-Urology Meeting.

We are extremely honoured to be organising the 7th International Neuro-Urology Meeting and are looking forward to seeing you in Zürich.

Best regards



Prof. Thomas M. Kessler
SCF Chairman
INUS Vice-President



Prof. Helmut Madersbacher
INUS President



Ass. Prof. Ulrich Mehnert
SCF Vice-Chairman
INUS Treasurer

Organising committee



Prof. Thomas M. Kessler
SCF Chairman
INUS Vice-President



Ass. Prof. Ulrich Mehnert
SCF Vice-Chairman
INUS Treasurer

Scientific committee



Prof. Bertil F. M. Blok
INUS Research Officer
human / clinical



Prof. Helmut
Madersbacher
INUS President



Dr. Jalesh Panicker
INUS Interdisciplinary
Officer



Ass. Prof. Blayne Welk
INUS Next
Generation Officer



Prof. Naoki Yoshimura
INUS Research Officer
animal / basic

The International Neuro-Urology Society (INUS)

The International Neuro-Urology Society (INUS) is a medical and scientific non-profit organisation with the aim to sustainably improve and promote the medical care for patients suffering from neuro-urological disorders.

All researchers and health care professionals who deal with neuro-urological patients or research projects are eligible and welcome to apply for membership. If you are interested to become a member of the INUS please visit the society's homepage **www.neuro-uro.org**.

Companies, institutions, foundations or individuals who are interested to support the society can become partner of the INUS. Please contact us to discuss partnership options.



INUS

Meeting faculty

Prof. Karl-Erik Andersson, Aarhus University, Aarhus, Denmark
Ass. Prof. Apostolos Apostolidis, University of Thessaloniki, Thessaloniki, Greece
Ass. Prof. Márcio A. Averbek, Moinhos de Vento Hospital, Porto Alegre, Brazil
Joanne Baldwin, Institute of Neurology and National Hospital for Neurology and Neurosurgery, London, UK
Sarah Baumann, Balgrist University Hospital, Zürich, Switzerland
Prof. Lori A. Birder, University of Pittsburgh School of Medicine, Pittsburgh, USA
Prof. Bertil F. M. Blok, Erasmus Medical Center, University of Rotterdam, Rotterdam, the Netherlands
Dr. Emmanuel Braschi, National Rehabilitation Institute, Mar del Plata, Argentina
Prof. Fiona C. Burkhard, University Hospital Bern, Bern, Switzerland
Prof. Anne P. Cameron, University of Michigan, Ann Arbor, USA
Dr. Juan C. Castano, Hospital Pablo Tobon Uribe, Medellin, Colombia
Dr. Becky D. Clarkson, University of Pittsburgh, Pittsburgh, USA
Prof. Jacques Corcos, Jewish General Hospital, Montreal, Canada
Ass. Prof. Célia D. Cruz, University of Porto, Porto, Portugal
Prof. Armin Curt, Balgrist University Hospital, Zürich, Zürich, Switzerland
Prof. Margot S. Damaser, Case Western Reserve University & Cleveland Clinic, Cleveland, USA
Prof. Stefan de Wachter, Antwerp University Hospital, Antwerp, Belgium
Prof. Giulio Del Popolo, Careggi University Hospital, Florence, Italy
Prof. Pierre Denys, Raymond Poincaré University Hospital, Garches, France
Prof. Daniel Eberli, University Hospital Zürich, Switzerland
Dr. Anton Emmanuel, Neurogastroenterology, University College Hospital, London, UK
Ass. Prof. Daniel S. Engeler, Kantonsspital St. Gallen, St. Gallen, Switzerland
Prof. Karel Everaert, Ghent University Hospital, Ghent, Belgium
Dr. Alessandra Fanciulli, Medical University of Innsbruck, Innsbruck, Austria
Dr. Ailton Fernandes, University Hospital Pedro Ernesto, State University of Rio de Janeiro, Rio de Janeiro, Brazil
Prof. Enrico Finazzi Agrò, University of Rome Tor Vergata, Rome, Italy
Prof. Jerzy Gajewski, Dalhousie University, Halifax, Canada
Prof. Howard B. Goldman, Cleveland Clinic, Cleveland, USA
Prof. Cristiano M. Gomes, University of Sao Paulo, Sao Paulo, Brasil
Dr. Reynaldo G. Gómez, Hospital del Trabajador, Andrés Bello National University School of Medicine, Santiago, Chile
Ms. Tamsin Greenwell, University College London Hospitals, London, UK
Dr. Jan Groen, Erasmus Medical Center, University of Rotterdam, Rotterdam, the Netherlands
Prof. Sakineh Hajebrahimi, Imam Reza Medical Center, Tabriz University, Tabriz, Iran
Mr. Rizwan Hamid, University College London Hospitals and Spinal Injuries Centre, London, UK
Dr. Achim Herms, Sanitätsbetrieb, Brixen, Italy
Ass. Prof. Francis M. Hughes Jr., Duke University Medical Center, Durham, USA
Prof. Alain Kaelin-Lang, Neurocenter of Southern Switzerland, Lugano, Switzerland
Prof. Michael J. Kennelly, Carolinas Medical Center, Charlotte, USA
Prof. Thomas M. Kessler, Balgrist University Hospital, Zürich, Switzerland
Prof. Ruth Kirschner-Hermanns, Neurological Rehabilitation Centre Godeshöhe, University of Bonn, Bonn, Germany
Prof. Adam P. Klausner, Virginia Commonwealth University School of Medicine, Richmond, Virginia, USA

Prof. Ervin Kocjancic, University of Illinois at Chicago, Chicago, USA
 Dr. Charalampos Konstantinidis, National Rehabilitation Center, Athens, Greece
 Prof. Grigory Krivoborodov, Pirogov Russian National Research Medical University, Moscow, Russia
 Prof. Klaus Krogh, Aarhus University Hospital, Aarhus, Denmark
 Ass. Prof. Sara M. Lenherr, University of Utah, Salt Lake City, USA
 Prof. Limin Liao, China Rehabilitation Research Center, Beijing, China
 Prof. Helmut Madersbacher, University Hospital Innsbruck, Innsbruck, Austria
 Theodora Makris, Balgrist University Hospital, Zürich, Switzerland
 Ass. Prof. Ulrich Mehnert, Balgrist University Hospital, Zürich, Switzerland
 Dr. Mehri Mehrad, Pars Hospital, Tehran, Iran
 Doris Meyer, University Hospital Zürich, Zürich, Switzerland
 Prof. Katia Monastyrskaya, University of Bern, Bern, Switzerland
 Prof. Jorge Moreno-Palacios, National Autonomous University of Mexico, Mexico City, Mexico
 Prof. Sherif Mourad, Ain Shams University, Cairo, Egypt
 Dr. Stefania Musco, Careggi University Hospital, Florence, Italy
 Dr. Bárbara Padilla Fernández, University Hospital of the Canary Islands, Tenerife, Spain
 Dr. Jalesh N. Panicker, Institute of Neurology and National Hospital for Neurology and Neurosurgery, London, UK
 Ass. Prof. Véronique Phé, Groupe Hospitalier Pitié-Salpêtrière, Pierre et Marie Curie Medical School, Paris, France
 Ass. Prof. Daniel Pohl, University Hospital Zürich, Zürich, Switzerland
 Prof. J. Todd Purves, Duke University Medical Center, Durham, USA
 Prof. Ryuji Sakakibara, Toho University Sakura Medical Center, Chiba, Japan
 Mr. Andrea Sartori, University of Zürich and Swiss Federal Institute of Technology Zürich, Zürich, Switzerland
 Dr. Marc P. Schneider, University of Zürich and Swiss Federal Institute of Technology Zürich, Zürich, Switzerland
 Ass. Prof. Martin Schubert, Balgrist University Hospital, Zürich, Switzerland
 Prof. Brigitte Schurch, University Hospital Lausanne, Lausanne, Switzerland
 Prof. Martin E. Schwab, University of Zürich and Swiss Federal Institute of Technology Zürich, Zürich, Switzerland
 Dr. Maryam Seif, Balgrist University Hospital, Zürich, Switzerland
 Prof. Karl-Dietrich Sievert, Lippe Hospital, Detmold, Germany
 Prof. John E. Speich, Virginia Commonwealth University College of Engineering, Richmond, Virginia, USA
 Dr. Michele Spinelli, Niguarda Hospital, Milan, Italy
 Prof. John T. Stoffel, University of Michigan, Ann Arbor, USA
 Dr. Wilbert Sybesma, Balgrist University Hospital, Zürich, Switzerland
 Dr. Jure Tomic, Departments of Uro-Neurology and Urogynecology, University College Hospitals London, London UK
 Prof. Gommert A. van Koeveeringe, University Hospital Maastricht, Maastricht, the Netherlands
 Prof. Pawan Vasudeva, Medical College and Safdarjang Hospital, New Delhi, India
 Prof. David B. Vodusek, University of Ljubljana, Ljubljana, Slovenia
 Prof. James S. Walter, Loyola University, Maywood, USA
 Ass. Prof. Blayne Welk, Western University, Ontario, Canada
 Prof. Jean Jacques Wyndaele, Antwerp University Hospital, Antwerp, Belgium
 Prof. Naoki Yoshimura, University of Pittsburgh School of Medicine, Pittsburgh, USA

Scientific programme at a glance

	Thursday 24		Friday 25		Saturday 26	
Room	Morning	Afternoon	Morning	Afternoon	Morning	Afternoon
Letzisaal	Workshop A: Translational research	Workshop A: Translational research	Workshop E: Nightmare session		Nursing Workshop B: bowel management & ostomy care	
Europa-saal	Workshop B: Urodynamics	Poster session I + II	Poster session III + IV	Welcome Quality of life in Neuro-Urology Summary neuroscience WS Early changes in the LUT after SCI and aging Surgery for refractory NDO INUS General assembly	Joint session with SUFU: Case-based management The future in Neuro-Urology: Young talents present their cutting-edge research	Bladder and bowel interaction Neurogenic bowel dysfunction Surgery in motion
Albis 3	Workshop C: Gladiator session	Workshop D: Neuroscience	Nursing Workshop A: neuromodulation & self-catheterization			

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Scientific programme | Thursday 24 January 2019

08.00 - 12.30 **WORKSHOP A: Translational neuro-urological research** (limited seats, separate registration required)

Chairs: Célia D. Cruz, Naoki Yoshimura

Room: Letzisaal

Discussion panel: Karl-Erik Andersson, Lori A. Birder, Margot S. Damaser, Daniel Eberli, Reynaldo G. Gomez, Achim Herms, Francis „Monty“ Hughes, Adam P. Klausner, Katia Monastyrskaya, J. Todd Purves, Andrea Sartori, Marc P. Schneider, Martin E. Schwab, John E. Speich, Wilbert Sybesma, James S. Walter, Blayne Welk

Lectures & Discussions

Effects of oxidative stress and mitochondrial dysfunction on chronic pain

Lori A. Birder

Next generation sequencing of smooth muscle cells in detrusor overactivity

Katia Monastyrskaya

Coffee break

Genetic tools to unravel the neuronal control of the urinary tract

Andrea Sartori

Anti-Nogo-A antibody: From animal to humans

Martin E. Schwab

Inflammasomes: Towards a clinical trial

J. Todd Purves & Francis “Monty” Hughes

12.30-13.30 Lunch break

Scientific programme | Thursday 24 January 2019

13.30 - 18.00 **WORKSHOP A: Translational neuro-urological research** (limited seats, separate registration required)

Chairs: Margot Damaser, Marc P. Schneider

Room: Letzisaal

Discussion panel: Karl-Erik Andersson, Lori A. Birder, Célia D. Cruz, Daniel Eberli, Reynaldo G. Gomez, Achim Herms, Francis „Monty“ Hughes, Adam P. Klausner, Katia Monastyrskaya, J. Todd Purves, Andrea Sartori, Martin E. Schwab, John E. Speich, Wilbert Sybesma, James S. Walter, Blayne Welk, Naoki Yoshimura

Lectures & Discussions

Electrostimulation: Where are we now and where do we need to go?

James S. Walter, Achim Herms
& Blayne Welk

Bacteriophages to fight multiresistent urinary tract infections

Wilbert Sybesma

Urodynamics 2.0: Novel metrics for the bladder filling phase

Adam P. Klausner & John E. Speich

Tea Break

Imaging and stem cell treatment for urinary stress incontinence

Daniel Eberli

Wireless and catheter-free home monitoring of neurogenic lower urinary tract function: Soon reality?

Margot S. Damaser

How to implement research findings in daily neuro-urological practice?

Reynaldo G. Gómez

Conclusions

Célia D. Cruz & Marc P. Schneider

Scientific programme | Thursday 24 January 2019

08.00 - 12.00 **WORKSHOP B: Urodynamics** (limited seats, separate registration required)

Chairs: Enrico Finazzi Agro, Ruth Kirschner-Hermanns

Room: Europasaal

Tutors: Marcio A. Averbeck, Cristiano M. Gomes, Jan Groen, Mehri Mehrad,
Jorge Moreno-Palacios, Stefania Musco, Bárbara Padilla Fernández, Brigitte Schurch

Lectures

Terminology and standards

Enrico Finazzi Agro

How to perform a valid urodynamic investigation

Jorge Moreno-Palacios

Case presentation

Stefania Musco

Hands on training

all

Coffee break

Lectures

Pitfalls of urodynamic testing

Bárbara Padilla Fernández

Which catheter? water perfusion vs air-charged vs microtip

Marcio A. Averbeck

Case presentation

Brigitte Schurch

Hands on training

all

12.00-13.00 Lunch break

Scientific programme | Thursday 24 January 2019

08.00 – 12.00 **WORKSHOP C: Gladiators in Neuro-Urology** (limited seats, separate registration required)

Chairs: Stefan de Wachter, Giulio del Popolo

Room: Albis

Gladiators: Juan C. Castano, Pierre Denys, Ailton Fernandes, Howard B. Goldman, Reynaldo G. Gómez, Charalampos Konstantinidis, Grigory Krivoborodov, Limin Liao, Helmut Madersbacher, Sherif Mourad, Karl-Dietrich Sievert, Michele Spinelli

Non-invasive versus invasive neuromodulation

Juan C. Castano versus Howard B. Goldman

Urethral reconstruction in neuro-urology: A waste of resources?

Karl-Dietrich Sievert (yes) versus Reynaldo G. Gómez (no)

Recurrent urinary tract infections: Is long-term antibiotic prophylaxis useful?

Pierre Denys (yes) versus Giulio del Popolo (no)

Coffee break

Neuro-urology: Separate sub-speciality versus part of functional urology

Helmut Madersbacher versus Sherif Mourad

Do we need regular urodynamic follow-up investigations?

Michele Spinelli (yes) versus Ailton Fernandes (no)

Refractory NDO: intradetrusor onabotulinumtoxinA injections versus bladder augmentation

Charalampos Konstantinidis versus Stefan de Wachter

Is there still a role for penile prosthesis?

Limin Liao (yes) versus Grigory Krivoborodov (no)



Scientific programme | Thursday 24 January 2019

13.00 - 14.45

Poster session I

Chairs: Ervin Kocjancic, Emmanuel Braschi

Room: Europasaal

Presentation of Abstracts/Posters

14.45–15.15

Tea break

15.15 - 17.00

Poster session II

Chairs: Jerzy Gajewski, Karel Everaert

Room: Europasaal

Presentation of Abstracts/Posters

Scientific programme | Thursday 24 January 2019

13.00 – 17.00 **WORKSHOP D: Neuroscience** (limited seats, separate registration required)

Chairs: Bertil B. F. Blok, Jalesh N. Panicker

Room: Albis

Discussion panel: Becky D. Clarkson, Armin Curt, Alessandra Fanciulli, Alain Kaelin-Lang, Ryuji Sakakibara, Maryam Seif, David Vodusek

Lectures & Discussions

Our understanding in 2018 of the neural networks responsible for LUT control

Bertil Blok

Developing brain imaging biomarkers to evaluate therapeutic interventions for LUT dysfunction

Becky D. Clarkson

Neuroimaging of functional recovery in SCI

Maryam Seif

Tea break

Can neurological disorders present initially with urogenital complaints?

Ryuji Sakakibara

Primary disorders of the autonomic system - an overview

Alessandra Fanciulli

Autonomic disturbances in SCI, MS, and PD

Alain Kaelin-Lang

Pelvic Neurophysiology testing in the evaluation of patients with unexplained urogenital complaints

David Vodusek

Scientific programme | Friday 25 January 2019

08.00 - 09.45

Poster session III

Chairs: Karl-Erik Andersson, Francis M. Hughes

Room: Europasaal

Presentation of Abstracts/Posters

09.45–10.15

Coffee break

10.15 - 12.00

Poster session IV

Chairs: Michael J. Kennelly,

Room: Europasaal

Presentation of Abstracts/Posters

12.00-13.00

Lunch break

Scientific programme | Friday 25 January 2019

08.00 – 12.00 **Workshop E: Nightmare session - Challenges in Neuro-Urology** (limited seats, separate registration required)

Chairs: Howard B. Goldman, Rizwan Hamid

Room: Letzisaal

Discussion panel: to be announced

Case presentations by residents / junior staff members from the departments of the panelists

Coffee break

Case presentations by residents / junior staff members from the departments of the panelists

12.00-13.00 Lunch break

Scientific programme | Friday 25 January 2019

08.00 – 12.00

Nursing Workshop A:

Neuromodulative treatment using PTNS, TTNS and TENS-P

Medical and scientific background

Jure Tornic

Hands-on training

Sarah Baumann, Theodora Makris

09.45–10.15

Tea break

Intermittend self-catheterization

Background and Guidelines

Jure Tornic

How to educate and train the patient

Joanne Baldwin,
Sarah Baumann, Theodora Makris

12.00-13.00

Lunch break

Scientific programme | Friday 25 January 2019

13.00 – 13.10	Welcome	Thomas M. Kessler, Helmut Madersbacher, Ulrich Mehnert
13.10 – 14.50	Quality of life in neuro-urology <u>Discussion panel:</u> Sakineh Hajebrahimi, Sara M. Lenherr, John T. Stoffel, Blayne Welk Do we know the QoL of our patients? What assessments and measures of QoL are relevant and valid? How should we implement QoL-outcomes in our decision making? Health related QoL in the developing world	Blayne Welk John T. Stoffel Sara M. Lenherr Sakineh Hajebrahimi
14.50 – 15.10	Neuroscience in neuro-urology: Summary of workshop D	Jalesh Panicker
15.10 - 15.40	Tea break	

Scientific programme | Friday 25 January 2019

15.40 - 16.10	Early changes in the lower urinary tract after SCI and aging	Lori A. Birder
16.10 - 18.00	Surgery for refractory detrusor overactivity <u>Discussion panel:</u> Emmanuel Braschi, Jacques Corcos, Reynaldo G. Gómez, Tamsin Greenwell, Véronique Phé, Pawan Vasudeva When is the right time to proceed to surgery? How to prevent and deal with perioperative complications in neuro-urological patients Follow-up: When, where and how?	Pawan Vasudeva Jacques Corcos Véronique Phé
18.00 - 19.00	General Assembly of the International Neuro-Urology Society (INUS)	

BJUI

BJU International

BJUI is the official journal of the Swiss Continenence Foundation

Edited By: **Prokar Dasgupta**
Impact Factor: **4.688**

BJUI provides the highest standard of research and clinical information for the urological community, keeping you aware of new advances and the best practice in urology.

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WILEY

Scientific programme | Saturday 26 January 2019

08.00 – 12.00 **Nursing Workshop B:**

Bowel management

Anton Emmanuel

09.30 – 10.00 **Coffee break**

Ostomy care

Doris Meyer

12.30 – 13.30 **Lunch break**

Scientific programme | Saturday 26 January 2019

08.00 – 09.30

Joint session with SUFU: Case-based mangement in daily practice

Discussion panel: Apostolos Apostolidis, Anne P. Cameron, Daniel S. Engeler,
Michael J. Kennelly, Adam P. Klausner, Jürgen Pannek

Case 1 - Chronic pelvic pain

Adam P. Klausner vs
Daniel S. Engeler

Case 2 - Recurrent symptomatic UTI

Michael J. Kennelly vs
Pierre Denys

Case 3 - NDO refractory to last botulinum-A-toxin injections

Anne P. Cameron vs
Apostolos Apostolidis

3 cases presented by 2 speakers (SUFU/INUS) in point-counterpoint work-up of each case

09.30 – 10.00

Coffee break

Scientific programme | Saturday 26 January 2019

10.00 – 12.30

The future in Neuro-Urology: Young talents present their cutting-edge research

Young upcoming talents in the field will present their latest scientific findings and compete for The **Swiss Continence Foundation Award** of **10'000 Swiss francs**.

Application and awarding criteria can be reviewed at www.swisscontinencefoundation.ch.

Award jury:

Karl-Dietrich Sievert

Cristiano M. Gomes

Naoki Yoshimura

Gommert A. van Koeveringe

Blayne Welk

Discussion panel: award jury & audience

12.30 – 13.30

Lunch break

Scientific programme | Saturday 26 January 2018

13.30 - 14.00

State-of-the-art lecture

Bladder and bowel interaction

Anton Emmanuel

14.00 – 16.00

Neurogenic bowel dysfunction

Discussion panel: Anton Emmanuel, Klaus Krogh, Daniel Pohl, Jean-Jacques Wyndaele

Basic considerations on bowel (dys)function and (patho)physiology

Daniel Pohl

How do we best assess and treat neurogenic bowel dysfunction?

Klaus Krogh

Do we need to treat neurogenic bowel
and bladder dysfunction at the same time?

Jean-Jacques Wyndaele vs
Anton Emmanuel

16.00 – 16.30

Tea break

Scientific programme | Saturday 26 January 2018

16.30 - 18.00

Surgery in motion

Discussion panel: Fiona C. Burkhard, Tamsin Greenwell, Gommert A. van Koeveringe

Latissimus dorsi detrusor myoplasty

Gommert A. van Koeveringe

Mitroffanof/Monti catheterizable stoma

Fiona C. Burkhard

Stress urinary incontinence

Tamsin Greenwell

18.00 – 18.15

Conclusions

Thomas M. Kessler, Ulrich Mehnert

19.30

Gala dinner (**limited seats, separate registration required**, see page 32 for details)

CME accreditation

The following CME credits will be granted:

European Accreditation Council for Continuing Medical Education (EACCME®) -
application for 24 credits submitted

Schweizerische Gesellschaft für Urologie (SGU) - **24 credits**

Schweizerische Neurologische Gesellschaft (SNG) - **application submitted**

Registration

Please register online through our websites: www.swisscontinencefoundation.ch or www.neuro-uro.org

Active members of the INUS, i.e. with activated INUS membership account, benefit from a **20% discount** on the meeting attendance fee. Not yet an INUS member? --> register here: www.neuro-uro.org.

Attendance fees	until 11 January 2019	after 11 January 2019
Meeting (including refreshments and lunches)	450 EUR	550 EUR
Special fee for residents/PhD students (proof of status required)	250 EUR	350 EUR
Special fee for nurses (including Nursing Workskops A and B) (proof of status required)	150 EUR	200 EUR
Workshop A (including refreshments and lunch)	80 EUR	130 EUR
Workshop B (including refreshments and lunch)	120 EUR	160 EUR
Workshop C, D or E (including refreshments and lunch)	50 EUR	100 EUR
Gala dinner (including beverages and VAT)	160 EUR	180 EUR



Prof. Th. M. Kessler, Chief of Neurourology, PD Dr. Dr. F. Brunner, Chief of Physical Medicine and Rheumatology, Dr. D. Mühlemann, Head of Chiropractic Medicine, Prof. M. Farshad, Chair of Orthopedics and Spine Surgery, Director Spine Centre, Prof. A. Curt, Chief and Director Spinal Cord Injury Center, Co-Director Spine Centre, Prof. C. Pfirrmann, Chief of Radiology, PD Dr. U. Eichenberger, Chief of Anaesthesiology and Pain Therapy, Prof. Th. Dreher, Chief of Paediatric Orthopaedics.

We provide highly specialized interdisciplinary and patient-centred medical care

Our specialists at the University Spine Centre Zurich ensure optimal treatment for patients, with careful coordination of the conservative and surgical approaches to spine medicine.

Thanks to close interdisciplinary cooperation and expertise in various medical and surgical specialties, we can treat patients in the best possible place to care for their back problems.

As a part of the University of Zurich, we place a strong emphasis on teaching and cutting-edge research.

Venue details

Venue

BEST WESTERN

Hotel Spirgarten

Lindenplatz 5

CH-8048 Zürich

T: +41 (0)44 438 1515

F: +41 (0)44 438 1538



Directions

By plane: Zürich airport is one of the most modern airports in Europe. There are regular flights to Zürich from most countries and major cities of the world. From Zürich airport, you reach the meeting venue easily by car/taxi (30-45 min) or by train (15-20 min to Zürich Altstetten station). From Zürich Altstetten station you reach the meeting venue by bus (7 min, lines 78 and 80, bus stop „Lindenplatz“) or by walking (10 min).

By train: Switzerland has an excellent public transportation system. The Zürich main station (Zürich HB) can be regularly reached from all major Swiss cities. There are also high-speed and overnight trains from major cities in Germany, Italy and France. From Zürich main station it is only a 5 min train ride to Zürich Altstetten station from where the meeting venue can be reached by walking (10 min), bus (7 min, lines 78 and 80) or car/taxi (3 min).

By car: Zürich has excellent road connections to all major Swiss cities and the surrounding countries. However, we recommend to use public transport if possible as parking spaces are limited.

Public transport in Zürich: Zürich has one of the most efficient public transportation systems in the world. The Zürich Altstetten station is in walking distance (10 min) to the meeting venue and offers frequent direct train connections to Zürich main station, Zürich airport and several other destinations in Switzerland.

In direct proximity to the meeting venue are the tram and bus stops „Lindenplatz“ which are conveniently connected with Zürich Altstetten station (bus lines 78 and 80) and the city center (tram line 2). The bus and tram stops „Lindenplatz“ can be reached as follows:

From Zürich main station (Zürich HB):

– take one of the frequent trains to Zürich Altstetten, e.g. S9 (direction Zug), S15 (direction Affoltern a. A.), S12 (direction Brugg). Change at Zürich Altstetten station to bus line 78 (direction Zürich, Dunkelhölzli) or 80 (direction Zürich, Triemlisipital), with either bus line, „Lindenplatz“ is the second stop (7 min).

From city center, i.e. tram stop Paradeplatz or Bellevue:

– tram line 2 -> in the direction of Farbhof, Lindenplatz is 12th or 14th stop respectively (18-24 min).

Special events

Saturday 26 January 2019

19.30 **Gala dinner** (with Swiss Continenence Foundation Award ceremony)

Enjoy a swiss aperó and a delicious 4-course meal in one of Zürich's most beautiful and magnificent guild houses. The enchanting **Zunfthaus zur Meisen**, build in 1757 by David Morf in rococo style, is located in the heart of Zürich at the Limmatquai promenade.

This guild house is famous for its interior decoration. The paintings on the ceilings and walls by Johann Balthasar Bullinger are still in excellent condition, as are the tiled tower-stoves by Leonhard Locher and Hans Jakob Hofmann and the ornate stucco ceilings by the Tyrolian master Johan Schuler.

The guild house "Zur Meisen" has always been a magnet for famous personalities. During the 19th century, national celebrities such as Gottfried Keller and Ferdinand Hodler met in the Café "Zur Meisen". In the 20th century, royalty such as Queen Elizabeth II and King Gustav of Sweden or renown politicians like Jimmy Carter or Winston Churchill were guests in the house.

From the meeting venue at Lindenplatz it will take an 18 minutes tram ride with line 2 to Paradeplatz from where a 7 minutes walk through the picturesque historic city center and across the Limmat river will bring you to this year's gala dinner venue: Zunfthaus zur Meisen, Münsterhof 20, 8001 Zürich



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